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LAST CALL
PARTY LEADERS ON WHAT'S AT STAKE

Pages 4 & 6

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CALGARY metro
Monday, May 2, 2011
www.metronews.ca
News worth sharing.

BIN LADEN IS DEAD

President Obama confirms terrorist was killed in operation led by Americans

Americans were greeted with stunning news late last night that Osama bin Laden, the most wanted man on the planet and the mastermind behind the terrorist attacks of Sept. 11, 2001, is dead and the U.S. is in possession of his body.

Almost 10 years after the terrorist attacks killed almost 3,000 Americans and left a gaping wound on the American psyche, U.S. President Barack Obama addressed a global audience to tell the world that the man who founded al-Qaida had finally been killed and captured.

"Tonight I can report to the American people and to the world that the U.S. has conducted an operation that has killed Osama bin Laden," a sombre Obama said in a late-night announcement in the East Room of the White House.

Obama said he told CIA head Leon Panetta to make "the killing or capture of bin Laden" the focus of U.S. military efforts in Pakistan, where bin Laden was killed in a firefight last week following a tip received by American officials eight months ago. He had been hiding out in a mansion near the Pakistani capital of Islamabad.

"His demise should be welcomed by anyone who values peace and human dignity," Obama said in the hastily called address. "Justice has been done."

The news is likely to be considered one of the biggest achievements of Obama's presidency. His administration, after all, managed what George W. Bush's could not in seven years. Bush congratulated the Obama administration in a statement.

The 9-11 attacks set off a cascading sequence of events that led to Canadian troops spending almost a decade in Afghanistan and pushed the U.S. into costly and deadly wars in Afghanistan, then Iraq. The attacks also changed the American way of life, leading to heightened levels of security particularly in U.S. airports. In the 10 years since the attacks, Americans have been growing increasingly disillusioned with the war effort, suggesting they want U.S. troops to come home. THE CANADIAN PRESS

ABC NEWS/THE ASSOCIATED PRESS

▶ In this file image taken from a video broadcast in 1998, Osama bin Laden speaks during an interview at an undisclosed location in Afghanistan.

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50 BEST MANAGED COMPANIES

Locals spring into action for cleanup

Underwear, coconuts, a tin box full of buttons, even a rubber pig.

Nearly 2,000 committed volunteers plucked these discarded treasures and many more from Calgary pathways and banks yesterday morning, as the city hosted its 44th annual spring cleanup of sorts.

Participant Chris Mcdonald was happy to see Calgarians out in force for the tidying initiative, but admitted to being a little grossed out after stumbling upon some undergarments near the Elbow River.

"I held them out as far away from my face as I could," he said. "It was pretty disgusting."

Others like George Yuan turned the day's event into a family affair, bringing his wife, Hellen Xu, and nine-year-old son Aaron along for the cleanup.

"It's fun and hard work," he said after combing through some bushes. "It's a pretty big achievement."

City of Calgary spokesperson Corinna Baxter said 86 groups joined in to cover 200 kilometres of natural space.

The Calgary Police Service marine unit also led a diving expedition to remove items from the floor of the Bow River.

JEREMY NOLAIS

JEREMY NOLAIS

▶ Emma Bowick, left, and Charlotte Johnson, both 11, show off some skis and a paddle found during yesterday's cleanup.

Dog deaths revive awful memories

Hamlet north of Red Deer keeping pets indoors Circumstances in rash of deaths in a day 'similar' to poisonings a year ago: RCMP

For Windy Toews, the deaths of 13 dogs in Mirror bring back painful memories of watching her Labradoodle convulsing to death last March.

"Having this happen a year later just brings it all back," said Toews, who later found meat in her yard, which police say was laced with strychnine.

Charlie was among four Mirror canines that died at the time from the poison.

Toews' husband, Grady, recognized the signs Saturday when another resident dog, Marley, staggered onto the hamlet's main street, yelping for help. When efforts to induce vomiting failed, he rushed her to a Bashaw vet, but the dog died in his vehicle.

"It's very scary and has been going on for a long time," said Theresa Lowther, who also came to Marley's aid. "I am just scared someone's little kids will be next."

Sgt. Geoff Buxcey said Bashaw RCMP are treating the 17 dog deaths as "related," but would not speak to possible suspects.

"I am very concerned, especially to have people have this happen to them over and over again," said Buxcey. SHELLEY WILLIAMSON

SHELLEY WILLIAMSON/FOR METRO

▶ Mirror resident Tiffany Stang's hand was fractured and her tendon severed when she was bitten by a dog while trying to induce vomiting in the animal after an apparent poisoning.

Gas leak kills worker from Calgary company

Leaking poisonous gas claimed the life of a man working for a Calgary-based company Saturday night.

The individual, who reports say was working for Celtic Exploration Ltd., was exposed to hydrogen sulphide while doing maintenance work in northern Alberta near Fox Creek, RCMP said.

Two other individuals were also exposed to the gas and taken to hospital for treatment. METRO

2 This is the second death as a result of hydrogen sulphide in the Fox Creek area in three years. Hans Olson, a B.C. resident, died while working there in March 2008.

News in brief

Suspect in robbery nabbed

CRIME. Calgary police have reportedly arrested an individual they believe responsible for two robberies Saturday night. Police allege the man was armed with a knife and held up a pizza joint in the 2000 block of Centre Street North as well as a gas station three blocks away. METRO

Charges loom after crash

WHL. A Calgary hockey prospect is facing charges after surviving a crash that killed his female passenger Saturday in Springbank, reports say. Police believe alcohol and speed were factors. METRO

1 news

Victims of the American South's deadly twisters seek solace in Sunday service. Scan the code for the story.

1 Download the free ScanLife app with your smartphone at 2dscan.com

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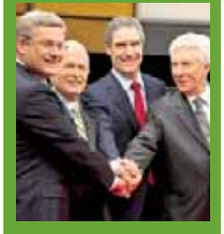
3 The codes will direct your mobile browser to **m.metronews.ca**

On the web at metronews.ca



Canada's federal party leaders make one last mad dash for votes ahead of election day. Video at metronews.ca.

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Leaders' final pitches

Election 2011

The first question we asked each leader was for their 'elevator pitch' Why should Metro readers vote for your party today?

INTERVIEW QUESTIONS ASKED BY SEAN MCKIBBON, JESSICA SMITH AND JOE LOFARO OF METRO OTTAWA

ANDREW VAUGHAN/THE CANADIAN PRESS

Jack Layton

Jack Layton, NDP

"Because Ottawa is broken and people in Ottawa get to see that up close and personal when they see the shenanigans in Parliament Hill, the contempt in parliament, the bickering and attacks going back and forth.

The divisive approach to politics that gets played out there and people want it fixed. They want the needs of their family at the forefront, issues like retirement security.

You know that the Nortel workers know that more than anybody, but it's a concern felt by many seniors or people concerned about their ultimate retirement and there's many people in the Ottawa-Gatineau regions who don't have access to a family doctor, this is a real crisis that needs to be addressed and there's still a lot of unemployment in the regions around Ottawa and a plan to actually help create jobs through tax cuts to small businesses and a tax credit that we've proposed for every new job.

These practical ideas will help address the issues that people want to be addressed.

Our approach is so that we've got to bring change to Parliament Hill and we have the opportunity to do that on voting day."

Stephen Harper, Conservative party

"We're the party with the plan for the economy. Canada is coming out of the global recession faster and stronger than others. I think it's due in large part to the economic policies we've put forward and I think they're working.

We have a low tax plan that is creating jobs, that is creating growth and everybody's looking at Canada frankly as the envy of the world right now and that's the path we want to keep this country on.

The alternative, at this point, has become an NDP government with a very different path which would be massive, unaffordable spending promises to be financed by tax hikes that would stall our recovery and kill jobs and set Canadian families back.

So, we think the country is on the right track economically and needs to stay the course.

That's the biggest single argument we're making, and the other, of course, argument we're making along the way here is that we need a Conservative majority government and if you don't get a Conservative majority government you're not sure what you're going to be getting.

So, I don't think Metro readers should take the risk of an NDP government with an economic plan that is not thought out."

Michael Ignatieff, Liberal party

"Vote Liberal for a moderate, centre-of-the-road government that respects the public service of Canada, respects what public servants do, won't raise your taxes, will get the deficit under control, will curb the waste and mismanagement of the Harper government, and do the one thing that we absolutely have to do, which is invest in the education of our young people from early learning and child care through the learning passport for people wanting to go to college and university.

That's the short version — basically a government that focuses on the priorities of the Canadian family … I just think on Monday, Canadians have got to choose a government. They've got to choose someone who's actually been in government, actually done this. The NDP has never formed a federal government in the history of Canada. We've got a choice between a Liberal platform that's costed and makes sense, with a Liberal team that has experience, versus basically more years of Harper, which is debt, deficit and mismanagement. I think these choices are becoming clear to Canadians. I don't think that people regard the NDP as a serious party of government."

Facing tough questions

Metro asked the leaders to discuss things they've been reluctant to talk about in interviews and out on the trail

Jack Layton

Q: This past weekend, the Toronto Sun reported that in 1996 police found you in a known bawdy house but, because they had no evidence of an offence, laid no charges against you. Can you speak to the allegations and what impact this story will have on what had been shaping up as fantastic showing by your party?

A: "Well, I answered those questions in some detail yesterday, so I'm not going to through it again. You'll find all of that available, you and your reporters. But this is a kind of smear politics that a lot Canadians reject. No wonder it's hard to get people involved in politics if this completely unfounded innuendo is going to characterize what goes on in politics."

Stephen Harper

Q: You said all minority-government scenarios would lead to another election. If one of the other parties wins a minority, would you then work with other opposition parties to immediately defeat that government?

A: "Well, as you know, I'm in this election to win. We're confident in victory. The mandate we're looking for from the Canadian people is a majority mandate, so we don't get into all of those other scenarios. All of those other scenarios — (whereby) the NDP desire to form a minority coalition (and) get the backing of the Liberals and the Bloc Québécois — are unstable. That simply leads us to another election."

Michael Ignatieff

Q: You've said that the Liberals represent the only option to beat the Conservatives, to stop them from having a majority. But your party has gone down in the polls. With the level you're at, how do you expect voters to continue see the Liberals, not the NDP, as the alternative?

A: "Well, I just think on Monday Canadians have got to choose a government. They've got to choose someone who's actually been in government, actually done this. The NDP has never formed a federal government in the history of Canada. We've got a choice between a Liberal platform that's costed and makes sense — with a Liberal team that has experience — versus basically more years of Harper, which is debt, deficit and mismanagement. I think these choices are becoming clear to Canadians. I don't think that people regard the NDP as a serious party of government." METRO OTTAWA

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Is that your best shot?

Politicians are a thick-skinned lot, but the attacks can wear thin We asked the three leading candidates to respond to their rivals' hardest jabs

Election 2011

The rap: Liberal Leader Michael Ignatieff has lived outside of Canada for a number of years and shouldn't be trusted.

The counter-punch: "I think the fact that I've lived outside the country is a reason to trust me more. I've got international experience. This is a prime minister who lost our seat on the Security Council of the United Nations. This is the prime minister who presided over the decline in our international prestige.

"And what is he saying here? The only good Canadian is the Canadian who's never left the country. That doesn't sound right to me. A Canadian is a Canadian. I'm proud of what I did overseas and I'm proud I've come back to serve."

The rap: Prime Minister Stephen Harper doesn't respect democracy.

The counter-punch: "I think the people who are out of office always say it's undemocratic. We've received two mandates from the Canadian population. We hope to receive a third and we'll accept whatever the democratic judgment of Canadians is. I think we're in this election, to a significant extent, because the other parties have simply refused to accept the democratic judgment of Canadians and are forcing election after election after election.

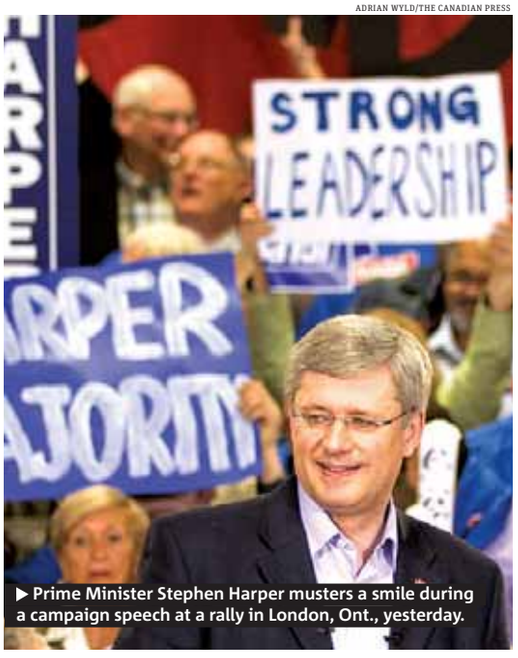
"This is, I think, why Canada needs a stable majority Conservative government. So we deal with the real issues, not all these parliamentary manoeuvres, which, frankly, I think, turn the public off. Instead, parliament should focus on the economy and the real concerns of Canadians."

The rap: New Democratic Party Leader Jack Layton can't be trusted with the economy.

The counter-punch: "First, I think the old-line parties have lost the trust of Canadians and people are asking themselves who they can trust to be on their side to focus on the issues that concern their family.

"When it comes to offering a good balanced budget and fiscal responsibility, the party that in power has shown itself to have the best record is the NDP. That was a study done by the finance department and there are the very good current examples of the NDP government in Manitoba, with nine balanced budgets in a row, and the recent budget just approved in the House of Assembly in Nova Scotia, with a surplus — again, another NDP government. In fact, when you go to Saskatchewan, they'll tell you it's the Conservatives who leave the finances in a mess." INTERVIEW QUESTIONS FOR THE 3 LEADERS WERE ASKED LIVE BY SEAN MCKIBBON, JESSICA SMITH AND JOE LOFARO OF METRO OTTAWA

ADRIAN WYLD/THE CANADIAN PRESS



▶ Prime Minister Stephen Harper musters a smile during a campaign speech at a rally in London, Ont., yesterday.

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Traders jolted by NDP surge

Investors caught by surprise Coalition could make for volatile loonie, stock prices, analysts say

The prospect that the New Democratic Party might gain more seats in today's federal election could cause a flutter in the market as traders seek to buffer themselves from political uncertainty.

"This isn't something the market has been expecting," said John Kurgan, senior markets strategist at Lind-Waldock.

Prime Minister Stephen Harper has delivered a dire message about what might happen under the NDP led by Jack Layton, warning of higher spending, deficits, taxes, unemployment and other economic ills.

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar
– 0.8 (13,893.6)	+ 0.50¢ (105.65¢ US)
Oil	**Natural gas** 1,000 cu ft $4.612 US (+ 4.1¢ US)
+ $104 US ($113.90 US)	**Gold contracts** $1,560.50 US (+ $29.30 US)

Markets appear to share at least some of his concerns, Kurgan said.

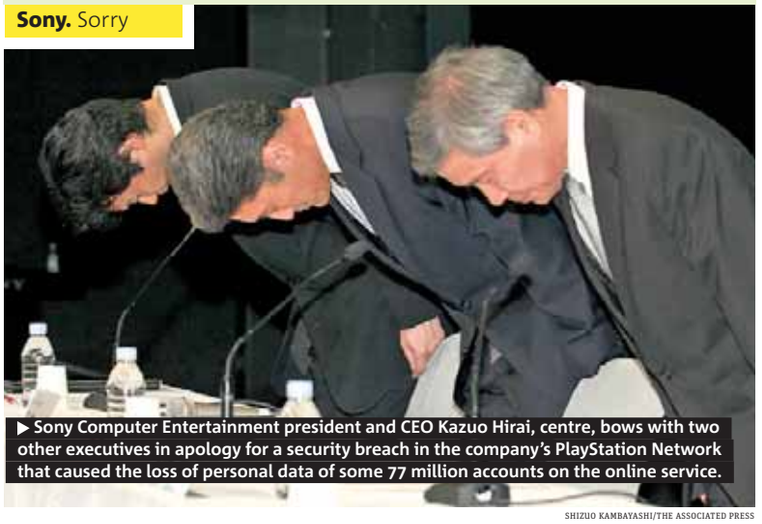
"The sudden surge by the NDP in the polls, that's caused a little bit of concern and it's likely that I will be busy (this) evening trading the Canadian dollar," he said.

Poll figures on Friday suggested that the NDP and Liberals together could win enough seats to form a coalition government.

But Douglas Porter, deputy chief economist of the Bank of Montreal, believes a minority Conservative government is still the most likely scenario, an outcome that won't much matter to markets since Canadians have been dealing with minority governments for a decade.

THE CANADIAN PRESS

Sony. Sorry



▶ Sony Computer Entertainment president and CEO Kazuo Hirai, centre, bows with two other executives in apology for a security breach in the company's PlayStation Network that caused the loss of personal data of some 77 million accounts on the online service.

SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS

Sony to beef up security measures

"We deeply apologize for the inconvenience we have caused," said Kazuo Hirai, chief of Sony Corp.'s PlayStation video game unit, after a PlayStation security breach. Hirai said some service will return this week and promised tighter security.

Apple Inc. takes giant tech bite

Consumer technology companies reporting financial results this week are looking like rowboats bobbing in the wake of Apple Inc.'s supertanker.

Apple dethroned Microsoft as the world's most valuable technology company a year ago.

In its mid-fall report, it surpassed Microsoft in net income, too.

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CITIZENSHIP, WITH BENEFITS

URBAN COMPASS

JANICE PASKEY
METRO CALGARY

A public health nurse visited me at home after my son was born. She had just come from seeing babies at a hotel.

The parents fly into Canada to give birth, and secure Canadian citizenship for the infants.

This is how valuable some see Canadian citizenship. It also lets us know citizenship delivers benefits, and identity.

Today's vote is a benefit, as is running for office.

I know only one candidate: Bernard Trottier, the Alberta native who is finishing a multi-year hustle as a Conservative candidate.

A hustling Conservative? No, not here. But in Ontario where he's contesting Liberal leader Michael Ignatieff.

Trottier told me: "We tend to think about our citizenship on election day, but it serves us all year round — in the best country in the world."

Calgarians might note there's a lot of federal influence over our lives. Consider: The Canada Health Act. Citizens have universal health insurance for a mountain of services, anywhere in the country. It's not perfect, but it's pretty good.

When University of Calgary tried to deny students' rights to critique a professor on Facebook, the court defended their right to freedom of expression.

Cellphone Towers. These gangly radiation-emitting structures are the responsibility of Industry Canada.

The Calgary airport. It's on federal land, so if you don't like the new runway or shutdown of Barlow, call your MP. Ditto for airport noise. And getting bumped by airlines? The buck stops with the feds.

Rights and Freedoms. Canadians enjoy extensive rights, though you may need a lawyer to defend them. When University of Calgary tried to deny students' rights to critique a professor on Facebook, the court defended their right to freedom of expression.

Environment. The feds share jurisdiction over environment, including the oil sands. Before he quit, Calgary MP Jim Prentice said water experts were advising him. Talk to the feds about environment.

Joy Luck money. The federal infrastructure money was a boon for Calgary arenas. Looking for more …

Taxes. I must say Revenue Canada does a fine job of collecting taxes. Sure the average citizen never understands the jargon-laiden language and rules of this beast, (God forbid you make a mistake) but the money keeps flowing to services.

Becoming prime minister. Once you have citizenship, you can run for top office — and be free of billionaires like Donald Trump challenging your place of birth.

Heritage Canada. It promotes bilingualism, and gives bursaries for exchanges. (Note: bursary income is taxable: see Revenue Canada.)

Today, voting is one way to express citizenship.

You can keep asking questions. You can say what you think.

Janice Paskey is a Calgary journalist.

Get your good news fix — the one that keeps giving

NEWS WORTH SHARING

Sometimes, the news is tough to take. But Canada is full of compassionate individuals, inspiring projects and stories worth celebrating — and that's what we're going to share here the first Monday of each month.

A study at the University of British Columbia shows that reading stories of kindness and heroism positively influences a person's desire to change the world.

Prof. Karl Aquino, lead author of the study, says, "Research shows that when people are presented with examples of exceptionally virtuous acts through stories or videos

IAN WILSON/FLICKR

it can lead them to think more positively about others and want to become better people themselves."

So before you are bombarded with political scandals and celebrity meltdowns, get a good news fix — who knows what you might be inspired to do.

Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we will share them right here.

CRAIG AND MARC KIELBURGER
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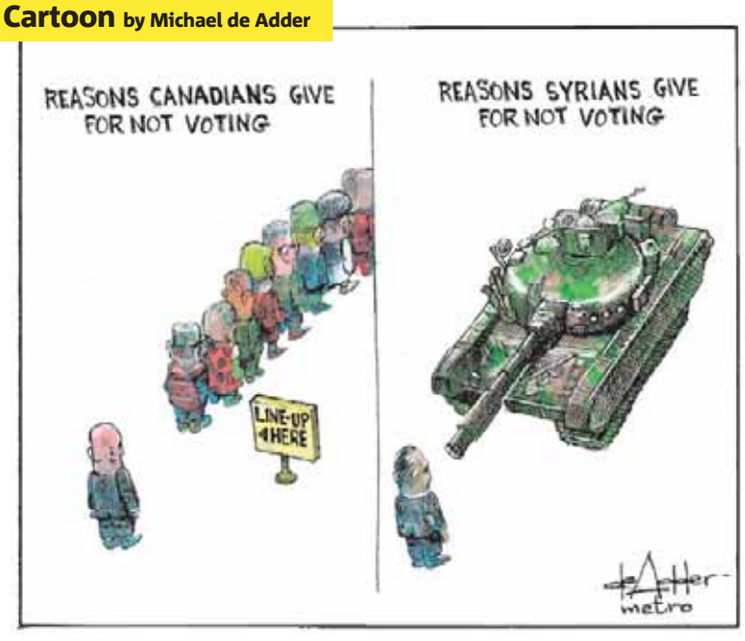
Tweets

- **@T_rex_B** The Weather Network is calling for 18C tomorrow in #YYC, so no BS reasons for not going out to #VOTE #elxn41 #cdnpoli
- **@wakeup_alberta** #yyc plans on giving its vote away for free again tomorrow. 1 million branded and blind. #elxn41 #cdnpoli
- **@leaningcowboy** I'd like to thank NONE of the major federal leaders for coming to #yyc. I was going to give my vote to whoever kissed my baby. #elxn41
- **@Sonnchill** Rubber flying pig won Calgary's "Most Unusual Find" at the 44th Annual Pathway and River Cleanup. Personally liked tin of buttons best. #yyc
- **@periohygenist** Great ride today in #yyc. Lots of #cyclists out today on Lower Springbank Route!
- **@mensaghic** @nenshi Has there been any talks about starting a corporate blue bin program in #yyc?
- **@JProssa** I love that the Triangle art gallery adjoins #yyc's city hall. Art + politics = good things. #cage #cdnarts
- **@MattBinYYC** Just saw a sign outside a restaurant that says "Canucks fans welcome"! #yyc

Cartoon by Michael de Adder



WEIRD NEWS

Hello, this is an emergency calling

After months of enduring a leaking pipe that buckled its floors and sagged its ceilings, an empty house in Marblehead, Mass., somehow called police for help.

The Salem News reports the call to the emergency hotline went out to police from a house in Marblehead on Wednesday after water short-circuited the phone system, apparently sparking the emergency call.

Officers were sent to the address after the call was recorded as a hang up and a return call got static.

Inside, they found the wreckage, including potentially toxic mould, from a pipe that apparently burst during the winter.

Town officials say the interior may have to be gutted.

Police couldn't immediately locate owner James Cowen. His cousin, William Cowen, said he's not worried.

He says James was left financially secure by his father and often travels.

THE ASSOCIATED PRESS

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5 great car movies

With Fast Five burning rubber in theatres, let's look back at some great car movies of the past What's more important, a good road trip or a chase scene?

Two-Lane Blacktop (1971)

A languid, existential journey rather than a heart-pounding adventure is what makes director Monte Hellman's film so fascinating.

James Taylor and Dennis Wilson play two nameless and meandering auto racers: a driver and a mechanic, respectively. They end up in a showdown in their '55 Chevy with a big talker in a '70 G.T.O. Along with the girl who randomly showed up and insinuated herself in their lives, they agree to race G.T.O. to Washington.

The pervasive feeling of detachment is meant to metaphor for a national sense of melancholy at the end of the 1960s. But you're welcome to just enjoy the cars.

American Graffiti (1973)

The cars here serve as a reflection of not just who the characters are, but who they dream of becoming.

They're not just a mode of transportation but a way of life. Inspired by director and co-writer George Lucas' own youth in Modesto, Calif., this coming-of-age comic-drama follows the all-night adventures of a group of high school seniors on the brink of adulthood.

Led by Ron Howard, Richard Dreyfuss and Harrison Ford, they cruise the main drag one last time in August 1962 — joking, flirting, getting into trouble. But regardless of the setting, this is a time we can all relate to: when having a car equals freedom.

Bullitt (1968)

Peter Yates' film features what is considered one of the definitive car chases in movie history — The French Connection has another — but just having Steve McQueen as its star makes it sufficiently badass. As a cop determined to find out who killed the mob witness he was protecting, McQueen zips up and down the hilly streets of San Francisco and skids around corners in his Mustang, trying to evade a couple of gangsters in a Charger. Sure, you could count the number of hubcaps that fly off a car and come up with a number that's greater than four. Still, the scene is shot and edited in such a clean, uncomplicated way, it's 10 minutes of pure tension.

Christine (1983)

It's a car! It's a killing machine! It's ... both! Director John Carpenter adapted the Stephen King novel — one horror master playing off another — and this tale about a bright red 1958 Plymouth Fury that does much more than get you from point A to point B remains darkly funny and deeply chilling.

Keith Gordon stars as the nerdy teenager who finds the car with plans to fix it up, but he ends up becoming the one who undergoes major changes. The car gives him confidence and makes him popular — but then she gets jealous when she realizes she can't have him all to herself. Good, silly, twisted fun.

The Fast and the Furious (2001)

And here we are, back at the beginning, with the first movie in the series. Of course it's ridiculous, but audaciously so, and that's the film's charm. By bringing underground street racing to the masses, it knows exactly what it is and revels in it.

Led by Vin Diesel, Jordana Brewster and Paul Walker, everyone's beautiful and they say incredibly idiotic things like, "I live my life a quarter-mile at a time." The main draw, though, is the racing itself, full of souped-up cars in splashy colours. The competitions are shot and edited seamlessly. They are, hence the title, fast and furious.

THE ASSOCIATED PRESS

2 scene

Scene in brief

Fast Five has left the competition in the dust with an $83.6 million US debut to grab the No. 1 spot at the weekend box office. Studio estimates released yesterday show Universal Pictures' fifth movie in The Fast and the Furious franchise was by far this year's biggest opening.

THE ASSOCIATED PRESS

Jay Mohr relishes Law & Order: Criminal Intent role, murder interrogation scene included

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Lindsay wants to move on from drama?

Lohan wants to end necklace theft case with 'no contest' plea: Source

Lindsay Lohan wants to enter a no contest plea to end a criminal case filed over a $2,500 necklace reported stolen, a source close to the actress said Saturday.

The source, who is familiar with Lohan's criminal case but was not authorized to comment publicly, said the actress wants to put the case behind her so she can focus on her career.

No court date has been set for Lohan to enter the plea. She is scheduled to return to a Los Angeles court for a pretrial hearing May 11, but the actress is hoping to resolve the case before then, the source said.

By pleading no contest, Lohan would not be admitting guilt, and it was not immediately clear if she would face any additional penalties. The actress already has been sentenced to four months in jail for a probation violation related to the theft case. She is free on bail.

Prosecutors in February charged Lohan with felony grand theft on allegations that she took the necklace from Kamofie & Co., a jewelry store near the actress's home in Los Angeles' Venice neighbourhood.

The charge was reduced last week by Los Angeles Superior Court Judge Stephanie Sautner.

Authorities allege the theft occurred roughly three weeks after Lohan, 24, was released from court-ordered rehab at the Betty Ford Center.

Lohan's assistant turned the necklace in to authorities after police obtained a search warrant to retrieve it from Lohan's house, but before detectives were able to conduct the search.

Sautner said during an April 22 hearing that she thought Lohan's actions were brazen, but that she did not think the case warranted a felony prosecution because many other cases involving more serious allegations are reduced to misdemeanours.

Deputy District Attorney Danette Meyers said she thought the ruling was an "abuse of discretion" and her office may appeal it, but no challenge has yet been filed.

A little over a week ago, Sautner sentenced Lohan to 120 days in jail and nearly 500 hours of community service for violating the terms of her probation by taking the necklace. Lohan was on probation for a 2007 drunken driving case.

She was released to pursue an appeal but has not yet filed a formal motion to try to get the sentence reduced.

In all likelihood, Lohan would serve a small fraction of her four-month sentence — possibly as little as three weeks — due to jail overcrowding.

The source said Lohan's intention to plead no contest was aimed at making good on her statement to Jay Leno last week that she wanted to take responsibility for her actions.

The plea was first reported Saturday by celebrity website TMZ.

THE ASSOCIATED PRESS

Mob ties

- Lindsay Lohan recently accepted a two-picture deal to appear in a pair of mob films, including a biopic of the infamous Gotti family.
- She will portray the wife of John Gotti Jr. in the film Gotti: Three Generations that also stars John Travolta and Joe Pesci.

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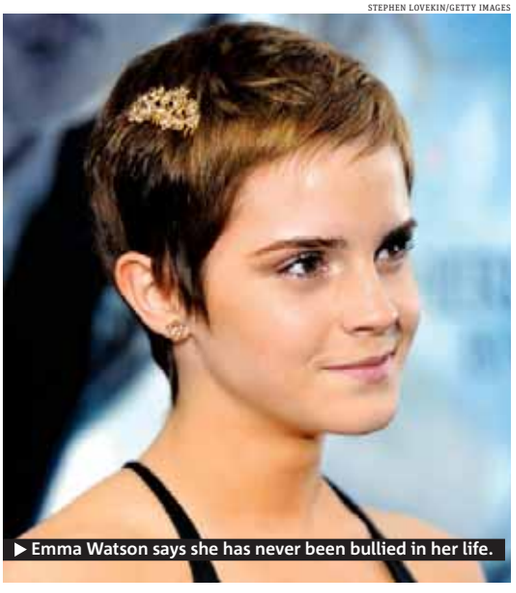
EVAN AGOSTINI/THE ASSOCIATED PRESS

▶ Lindsay Lohan

Watson denies claims that she was bullied

Harry Potter actress says she is not leaving Brown because of mistreatment by other students Is thinking about doing a semester abroad

STEPHEN LOVEKIN/GETTY IMAGES



Emma Watson says she has never been bullied in her life.

Emma Watson, the British actress who plays Hermione Granger in the Harry Potter series, on Friday denied reports that she was bullied out of Brown University — an assertion backed up by fellow students who said that, if anything, she was shielded from being singled out.

"The reason I took a semester off from Brown had nothing to do with bullying," Watson wrote on her website. "I have never been bullied in my life and certainly never at Brown."

Watson said she is not sure what her plans are for the fall semester, the beginning of her third year. Like many of her "fellow Brown students," she wrote, she is considering studying abroad.

Brown has not commented on media reports this month citing an anonymous Brown "insider" who claimed Watson was bullied out of school.

A New York Daily News article posted online April 21 claimed that when Watson responded correctly to questions in class, her classmates would shout, "Three points for Gryffindor!" — a reference to the Harry Potter films, in which students' dormitory houses are awarded points for questions they answer correctly. Watson's character lives in Gryffindor.

"This '10 points to Gryffindor' incident never even happened," wrote Watson, who has denied that rumour before. "Accusing Brown students of something as serious as bullying and this causing me to leave seems beyond unfair."

The rumour that a student had once exclaimed "10 points for Gryffindor" after Watson answered a question correctly became widespread on campus in spring 2010, the semester during which it was alleged to have happened, according to several current and recent Brown students interviewed by The Associated Press.

But, they said, it was viewed as part of Brown folklore, and students were, if anything, protective of Watson.

"We try to take care of our own at Brown, and I think we try to make sure she feels like anybody else," said Megan Estes, a Brown junior who said she doesn't know Watson but worked on the production of a campus theatre production in which the Harry Potter star acted.

Apart from the Gryffindor comment, there was little sense on campus that Brown students heckled or antagonized Watson, said Estes and other students.

THE ASSOCIATED PRESS

MATT SAYLES/THE ASSOCIATED PRESS, FILE

Nick Cannon and Mariah Carey became parents to a baby girl and boy over the weekend.

Carey gives birth to two children

Mariah Carey and Nick Cannon celebrated their third anniversary with another milestone — becoming parents to a baby girl and boy.

Carey's representative, Cindi Berger, confirmed the births to The Associated Press. The singing superstar gave birth Saturday at 12:07 p.m. EDT at an undisclosed hospital in Los Angeles. Berger says the baby girl was born first, weighing five pounds, three ounces, and was 18 inches long; her brother was next, at five pounds six ounces, and was 19 inches.

Berger says the couple has not named the children yet. Cannon drove Carey to the hospital in their Rolls-Royce Phantom. Berger said the 41-year-old Carey, who had gone through false labour, was calm, thinking that it was another false alarm.

Meanwhile, the 30-year-old Cannon was so nervous he went to the wrong department at the hospital, and was guided to the maternity ward by a nurse.

"It was like right out of an I Love Lucy skit," said Berger.

Berger says they were listening to Carey's We Belong Together after the children were born.

The couple are expected to renew their wedding vows on Sunday. The pair got married in 2007 after a whirlwind romance. They were the subject of endless baby rumours, and the couple actually were expecting shortly after their marriage, but Carey had a miscarriage; they did not reveal the miscarriage until she announced her pregnancy last fall.

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Big plans in store for final days of Oprah's show

Oprah Winfrey fans on Thursday learned some details about what the talk show queen has planned for the two episodes leading up to her finale: a star-studded, double taping at one of Chicago's largest sports and concert venues.

Harpo Productions announced the episodes to air May 23 and 24 would tape May 17 at the United Center, just blocks from Winfrey's long-time studios.

The show is dubbed Surprise Oprah! A Farewell Spectacular.

20k

The United Center is home to the Chicago Bulls and Chicago Blackhawks with a seating capacity of more than 20,000.

But the content of the final episode of The Oprah Winfrey Show, to air May 25, is still under wraps.

Winfrey announced in November 2009 that she would end her popular talk show after 25 years.

Winfrey's producers said the guest lineup for the episodes would be a secret, but they promise "the biggest names in movies, music and television."

"As most of our viewers know, being surprised is not one of Oprah's favourite things," said Sheri Salata, the show's executive producer.

"In the spirit of our farewell season, she is making a rare exception, and we intend to make the most of that opportunity. It will be something to see!"

Winfrey has other big shows planned, too.

She taped an interview with President Barack Obama and first lady Michelle Obama on Wednesday in Chicago. That show is to air today.

THE ASSOCIATED PRESS

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▶ Oprah Winfrey interviews Nike CEO Phil Knight during a taping for an episode of her show.

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‘To snort or not to snort,’ not even a question: Tyler

Aerosmith singer’s memoir a wild ride of drugs, arrests and hit songs

CHRIS CARLSON/THE ASSOCIATED PRESS

▶ Steven Tyler, left, is pictured with Aerosmith bandmate Joe Perry.

Steven Tyler’s memoir has a million of ‘em.

Like that night in 1978 when he blacked out on stage while singing Reefer-Headed Woman. Or when he and Aerosmith visited the White House on the day President Bill Clinton was impeached. Or that weird weekend with Keith Richards at Bing Crosby’s old house on Long Island. Everyone, Tyler writes, “was gacked to the nines on coke.”

The Associated Press purchased a copy on Thursday of Does the Noise in My Head Bother You?, scheduled for release this week. Explicit and filled with expletives, it reads like an even wilder and louder version of Richards’ bestselling Life. Tyler, 63, settles back and tells story after story about life in the “most decadent, lecherous, sexiest, nastiest band in the land.”

Or as Tyler states it: “To snort or not to snort. That wasn’t even a question.”

The road was so crazy that Tyler can’t remember how many times he was arrested. He recalls visiting Paul and Linda McCartney backstage with Bebe Buell, the mother of Tyler’s daughter, Liv. Buell and Linda McCartney do not hit it off. Buell calls her “Sluggo.” McCartney answers “Sluggett.” They wrestle to the floor. But the men are cool. “I like your music, man,” Paul says.

In the book, Tyler describes working on such classics as Dream On, written at a Hilton Hotel near the airport in Boston and a touchstone for his own life, with its warning that “Maybe tomorrow the good Lord will take you away.”

Another favourite, Sweet Emotion, was inspired by his “anger and jealousy” over guitarist Joe Perry’s moving out to live with his girlfriend.

Walk This Way was partially inspired by Mel Brooks’ horror spoof Young Frankenstein and the famous line uttered by Marty Feldman. The band cracked up and a song was born.

THE ASSOCIATED PRESS

Bromance

- Though Steven Tyler is a born bragger, he’s willing to kick himself, too. He is open about his battles with Joe Perry, a bond “fraught to say the least.”
- They are “soulmates” who might not speak for months, brothers caught up in “moments of ecstasy and periods of pure rage.” But that’s OK with Tyler, who reasons that all rock stars are egomaniacs and that you wouldn’t want to be stuck with “clones of yourself.”

HANDOUT/THE CANADIAN PRESS

▶ Elizabeth Hay

Hay reaches into past for new novel

One of the seeds of Elizabeth Hay’s latest novel, Alone in the Classroom, was sown more than 20 years ago, when the author was chatting with her mother during a quiet moment over the Christmas holidays.

Hay and her family lived in New York City at the time and were visiting her parents in London, Ont.

The writer’s curiosity was piqued when her mother began to speak about a peculiar principal whom she’d known long ago.

“(It was) just the two of us,” Hay recalled during a recent interview. “This phrase that her principal used to say: ‘Sometimes I sits and thinks and sometimes I just sits’ is what came into her mind. And then I began to ask questions ... and she just kept talking. It was one of those enchanted moments where you have your mother all to yourself, she’s absolutely relaxed and she falls into a full reminiscence of certain aspects of her past.”

Always intrigued by family history, Hay jotted details of the off-kilter educator in one of the notebooks she uses to work out her ideas.

Now, some two decades later, the passing recollection about the principal has bloomed into one of the central characters in Hay’s sweeping new novel, Alone in the Classroom.

The book sees Hay, 59, flexing new literary muscles, spinning a tale that moves deftly from past to present and spans from Ottawa, to small-town Saskatchewan, to Vancouver.

THE CANADIAN PRESS

Back again

- Alone in the Classroom is the Ottawa-based author’s first book since she won the 2007 Scotiabank Giller Prize for Late Nights on Air.

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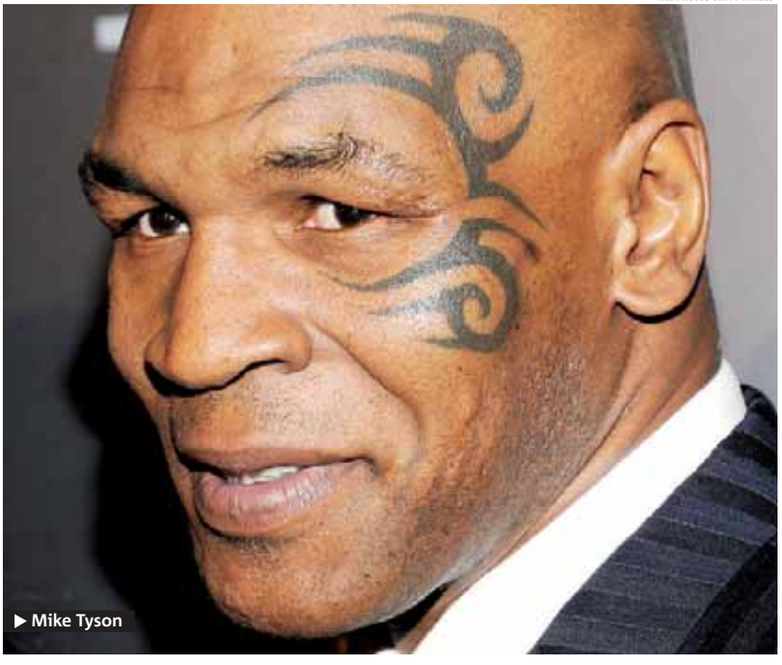
of reach of toddlers and pets to avoid accidental ingestion.

Tyson's tattoo giving film a bad hangover

Tattoo artist suing Warner Bros. to prevent the release of Hangover Part 2

ALL PHOTOS GETTY IMAGES


▶ Mike Tyson

S. Victor Whitmill, the artist who gave Mike Tyson his famous face tattoo, is suing Warner Bros. to halt the release of the Hangover Part 2 because the move features the tattoo on the face of Ed Helms' character, according to the Hollywood Reporter.

"When Mr. Whitmill created the original tattoo, Mr. Tyson agreed that Mr. Whitmill would own the artwork and thus, the copyright in the original tattoo," the artist's lawyers argue.

"This unauthorized exploitation of the original tattoo constitutes copyright infringement."

METRO

"Mr. Tyson agreed that Mr. Whitmill would own the artwork."
TATTOO ARTIST'S LAWYER

Talking points

Whoopi getting back into the Sister Act

NOTHING LIKE REHASHING THE PAST Whoopi Goldberg is in Austria to promote Sister Act, with her trademark slapstick humour.

She slipped off her high-heeled sandals at Vienna's Ronacher Theater on Friday when she realized she would have to stand during a media preview of the musical, which opens there in September.

"I thought I was going to look good coming in and sitting down," Goldberg told a laughing audience. ASSOCIATED PRESS

Hilton thief gets convicted

LIFESTYLES OF THE RICH AND FAMOUS A jury has convicted a man of trying to burglarize Paris Hilton's home last year.

District Attorney's spokeswoman Jane Robison says jurors deliberated for less than an hour Friday before convicting Nathan Parada of first-degree residential burglary for trying to break into the hotel heiress' home last August.

Hilton testified this week about she and her boyfriend being awoken after Parada banged on one of the house's windows with the butt of a knife.

A defence attorney told jurors that Parada had left a halfway house days earlier and had not taken his antidepressant medication for several days.

Parada faces up to three years in prison when sentenced. ASSOCIATED PRESS

Celebrity tweets

@justinbieber
"congrats to William and Kate ...and Kate's sister."

@RyanSeacrest
"ok important question - are you Team Harry or Team William? ok even more important question - Team Kate or Team Pippa?!?"

@NickyHilton
"Why is everyone in such a tizzy about Princess Beatrice's hat at the Royal Wedding? I thought it was cute."

@KirstieAlley
"I would like to see an immediate media shift today from the glorious Royal wedding to the desparetly needed help right here at home.. PLEASE"

▶ Charlie Sheen

Lorre's life without Sheen

Two and a Half Men creator Chuck Lorre discussed plans to reboot his hit sitcom without former star Charlie Sheen, and Sheen is less than thrilled by the news.

The actor expressed his disappointment in a letter to Lorre, submitted to TMZ.

"No one cares about your feeble show without me. Shame on you."
CHARLIE SHEEN

"No one cares about your feeble show without me. Shame on you. Not even a phone call to the man that put you on the map. The man that put $500 million in your pockets," Sheen writes.

"You've been warned. Reap the whirl-wind, you cockroach, reap it."

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▶ Laura Miller

Stay fit, like mom

Laura Miller, director & founder of Follow Me!, a program devoted to teaching families about healthy lifestyles, shares how she keeps fit ◐ Who wouldn't want to look like her?

SAM D'AMATO
LIFE@METRONEWS.CA
METRO WORLD NEWS

What are your go-to healthy dinners, keeping in mind time, cost and nutrition?
One of our time-saving tricks is using Sundays to bake or grill an entire week's worth of chicken or lean meats. Then throughout the week we will use them for wraps, salads, pastas, rice dishes, etc. By having a lean meat ready to go, it saves time and makes preparing healthy meals easier.

What's your go-to snack?
Right now its Greek yogurt with fresh fruit like strawberries, peaches or pineapple. It's a great source of healthy protein, fat and calcium. I also enjoy fresh guacamole, which is rich in omega-3 and fibre.

That's great but if there's leftover crackers from my kid, or she didn't finish her burger, I'll polish it off. Help?
It's important to be conscious of what and how much we are eating. Picking on foods can quickly add up calories that are unsatisfying. Snacking on your child's leftovers can easily add up to an additional 300+ calories that you never needed in the first place.

A new study came out, saying that parents exercise less than those without kids. Duh! I have no time for the gym. What do you suggest?
Incorporating exercise into any busy lifestyle works best when you create a schedule that works within your current daily routine. At-home work outs that incorporate your stairs, medicine balls, kettlebells or resistance bands work great. Finding a program that provides instruction through videos and puts you on a schedule is guaranteed to set you up for the most success. The most important thing is that you keep yourself mentally and physically healthy so you can be the best parent you can be.

You are an extremely fit woman. Do you have kids?
I have a 14-year-old son and I have been a single parent for more than 10 years. It's very important to set a positive example when it comes to diet and nutrition because children are sponges and soak up everything around them.

3 life

A new study shows

1/3

...of parents polled feel their children don't get enough exercise at elementary school, according to the University of Michigan C.S. Mott Children's Hospital National Poll on Children's Health.
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Satisfy the cookie monster in you

NEWS CANADA

▶ This recipe makes about three dozen cookies.

These Almond Orange Cookie recipe contain the right amount of sweetness to satisfy any sugar tooth.

It combines fresh flavours into a tender package that's perfect to serve with tea.

Preparation:

1. In food processor, grind almonds until very fine. Combine with flour, baking powder, cinnamon and salt in a large mixing bowl until well blended; set aside.
2. In large bowl, with electric mixer, beat sugars, oil, eggs, orange peel and vanilla for 1 minute, until well combined and pale in colour. Add almond and flour mixture and combine until dough forms.
3. Divide dough in half and shape into two 2 inch (5 cm) diameter logs. Wrap logs in parchment or waxed paper and freeze for at least 2 hours.
4. Line baking sheets with parchment paper. Cut dough into 1/4 inch (5 mm) thick slices and place 1 inch (2.5 cm) apart on prepared baking sheets. Bake in 350 F (180 C) oven for 8 to 10 minutes or until bottom edges appear light golden brown.
5. Cool cookies for 1 to 2 minutes on baking sheet and then transfer to cooling rack. Store in airtight container for up to 1 week.

NEWS CANADA

Ingredients:

- 1 cup (250 mL) blanched almond slivers
- 2 1/2 cup (625 mL) all–purpose flour
- 1 tsp (5 mL) baking powder
- 1/4 tsp (1 mL) cinnamon
- 1/4 tsp (1 mL) salt
- 3/4 cup (175 mL) granulated sugar
- 1/4 cup (50 mL) packed brown sugar
- 1/2 cup (125 mL) canola and extra virgin olive oil blend
- 2 eggs
- 1 tbsp (15 mL) grated orange rind
- 1 tsp (5 mL) bourbon vanilla extract

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NO STIGMA, NO SHAME

EDUCATION IS KEY TO HELPING OTHERS UNDERSTAND WHAT IT'S LIKE TO LIVE WITH A MENTAL DISORDER

The Canadian Mental Health Association is celebrating the 60th anniversary of Mental Health Week from May 1 to 7. Part of the CMHA's goal is to raise awareness that one in five people in Canada—that's more than six and a half million Canadians—experience a mental health issue during their lifetime, and that there's no shame in admitting it.

In fact, when you share your story with someone else, they're more likely to open up as well. Perhaps their mother is being treated for clinical depression or their uncle is living with schizophrenia, and they haven't had anyone to discuss this with.

Mental health issues touch every class, religion and race—they don't discriminate, and neither should we. "People may judge someone with a mental health issue and treat them negatively," says Peter Coleridge, National CEO, CMHA. "In fact, most people living with a mental health issue say that people's negative attitude and behaviors are worse than the symptoms they feel."

This type of discrimination affects all areas of the person's life. It can prevent them from getting hired, promoted or keeping a job; finding or keeping a place to live; getting proper health care; or getting insurance. They may even be blamed for their conditions or viewed as weak.

So how can Canadians help dispel the stigma of mental health issues? "One of the best ways is to tell someone who doesn't know about your mental health disorder or help others tell their stories," says Coleridge. Here are four other steps that will help make a difference:

THINK ABOUT THE WORDS YOU USE Say, "A person living with schizophrenia" and not "a schizophrenic"

CONSIDER HOW TO SUPPORT Help the people you know who are living with a mental health issue, just as you would if they had a physical health problem.

SPEAK UP when you see discrimination or a law or policy that unfairly excludes those with mental health issues.

VOLUNTEER for a mental health organization.

ABOUT THE CMHA

The Canadian Mental Health Association (CMHA) is one of the oldest continuing voluntary health organizations in Canada. It began as the Canadian National Committee for Mental Hygiene (CNCMH) in 1918, and its first official meeting was held in Ottawa in April of that year.

In the fall of 1918, the Committee set up an office in Toronto. In its infancy, the CNCMH was involved in the plight of soldiers, the psychiatric screening of immigrants and examining mental retardation and other psychiatric disorders among schoolchildren.

Today the Canadian Mental Health Association, as it's now known, is continuing its successful history of forming effective partnerships with individuals and private and public organizations. With its partners, the CMHA educates, communicates, influences policy, and provides tools and support in workplaces, schools and homes.

CANADIAN MENTAL HEALTH ASSOCIATION
ASSOCIATION CANADIENNE POUR LA SANTÉ MENTALE

Is it just **stress** or is it **something else**?

Working Through It™ can help.

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From the Great-West Life Centre for Mental Health in the Workplace.

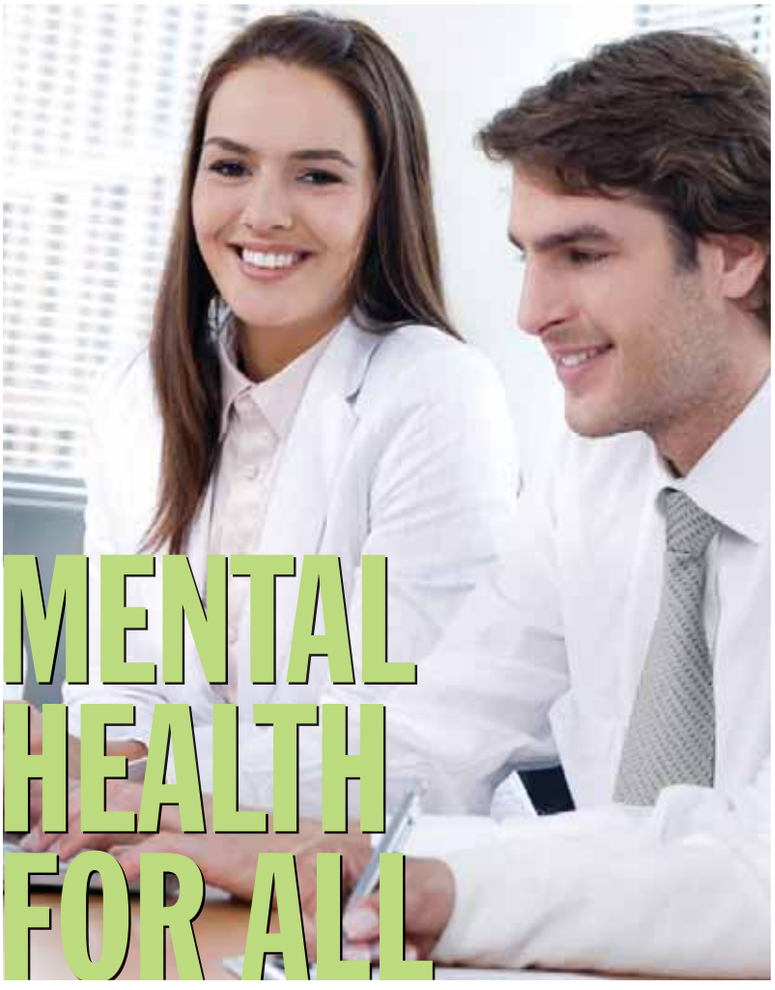
Great-West Life
Centre for Mental Health in the Workplace

The Great-West Life Centre for Mental Health in the Workplace is funded by The Great-West Life Assurance Company.

Having more bad days than good days?

Depression is a common and treatable disease that may affect up to 11% of Canadians at some point in their lives. Along with emotional symptoms, depression can have many unpleasant physical symptoms. But there is hope. There are treatments that work on both the emotional and unpleasant physical symptoms of depression, which may allow you to feel like yourself again so you can re-connect with the things in life which are most important to you. Depression hurts, but you don't have to.

For more information talk to your doctor or visit **DepressionHurts.ca**



MENTAL HEALTH FOR ALL

THE 60TH ANNUAL MENTAL HEALTH WEEK'S THEME REMINDS CANADIANS ABOUT THE IMPORTANCE OF REDUCING STRESS AND ANXIETY

In this high-tech age, many people no longer work a traditional 9-to-5 workday from Monday to Friday. Instead, they end up checking their work email from home in the evening, on the weekend and on holiday to try to keep up with ever-increasing workloads.

According to Human Resources and Social Development Canada, one in four Canadians work 50 hours a week or more, compared to one in 10 a decade ago. In fact, many employees are now expected to be available 24/7, making it even harder to achieve a work-life balance. "But as tough as it can be to restore that balance, it should be everyone's goal," says Peter Coleridge, National CEO, CMHA. "That means figuring out what will improve your work-life balance, then committing to making those changes."

What's the consequence if you don't? The Conference Board of Canada found that workers who reported a high degree of stress balancing their work and family life missed 7.2 days of work each year, compared to the 3.6 days missed by those who reported very little stress.

Never mind that when employees take stress leaves, it negatively impacts companies' bottom lines. A 2003 report in The Insurance Journal says mental illness accounts for 30% of disability claims, costing businesses $15 to $33 billion annually in Canada. Research by CAMH published in the Journal of Environmental Medicine in 2010 says lost productivity and absenteeism brings the figure up to $51 billion.

So why are so many of us burning the candle at both ends? Partly because we need the money; one survey found that 37 per cent of Canadians who didn't take time off when they experienced health problems related to stress, anxiety or depression felt they couldn't because they needed the income. Plus, they were concerned about the stigma and negative attitudes related to mental health issues.

"The best thing managers and employers can do for their own health, and that of their staff, is to lead by example and model a healthy work-life balance," says Coleridge. That means not eating lunch at your desk, limiting overtime hours and electronic communication during non-work hours and taking vacation time. The benefits to professional and personal bottom lines? Priceless.

THINGS THAT GO BUMP IN THE NIGHT

Almost all young children can be scared by a loud clap of thunder or be afraid to sleep alone in the dark. "With patience and understanding, parents can usually help their kids overcome these and other common childhood fears," says Peter Coleridge, CEO, National CMHA.

Often, what scares kids stems from experiences they can't understand that feel threatening to them. Examples include snakes, mice and spiders—especially if the child has seen an adult react in terror when encountering those creatures.

Witnessing a traumatic event at a young age, such as cat being run over by a car, can leave lasting frightening memories. Fears can also develop from low self-esteem, which can lead to bullying by peers, further deepening the original insecurity.

"Regardless of what kids are afraid of, they need the comfort and reassurance of their parents or guardians more than anything else," says Coleridge. These five steps can help:

GIVE LOVING SUPPORT AND SET RELIABLE LIMITS Children need to know they're loved and that their parents will set definite limits on what they're allowed to do. This will provide the sense of security kids need to try new experiences fearlessly.

FIND PRACTICAL SOLUTIONS If your son is afraid of the dark at bedtime, plug in a night-light in the bedroom and hall and give him a cuddly toy to hug.

PRACTICE SKILLS If your daughter is afraid of catching a ball or playing soccer, spend time playing those games with her until she feels more confident about her ability.

REASSURE, THEN REASSURE AGAIN This is particularly important if your child is worrying about dying. Repeat that it's unusual for healthy kids to die—and offer lots of hugs.

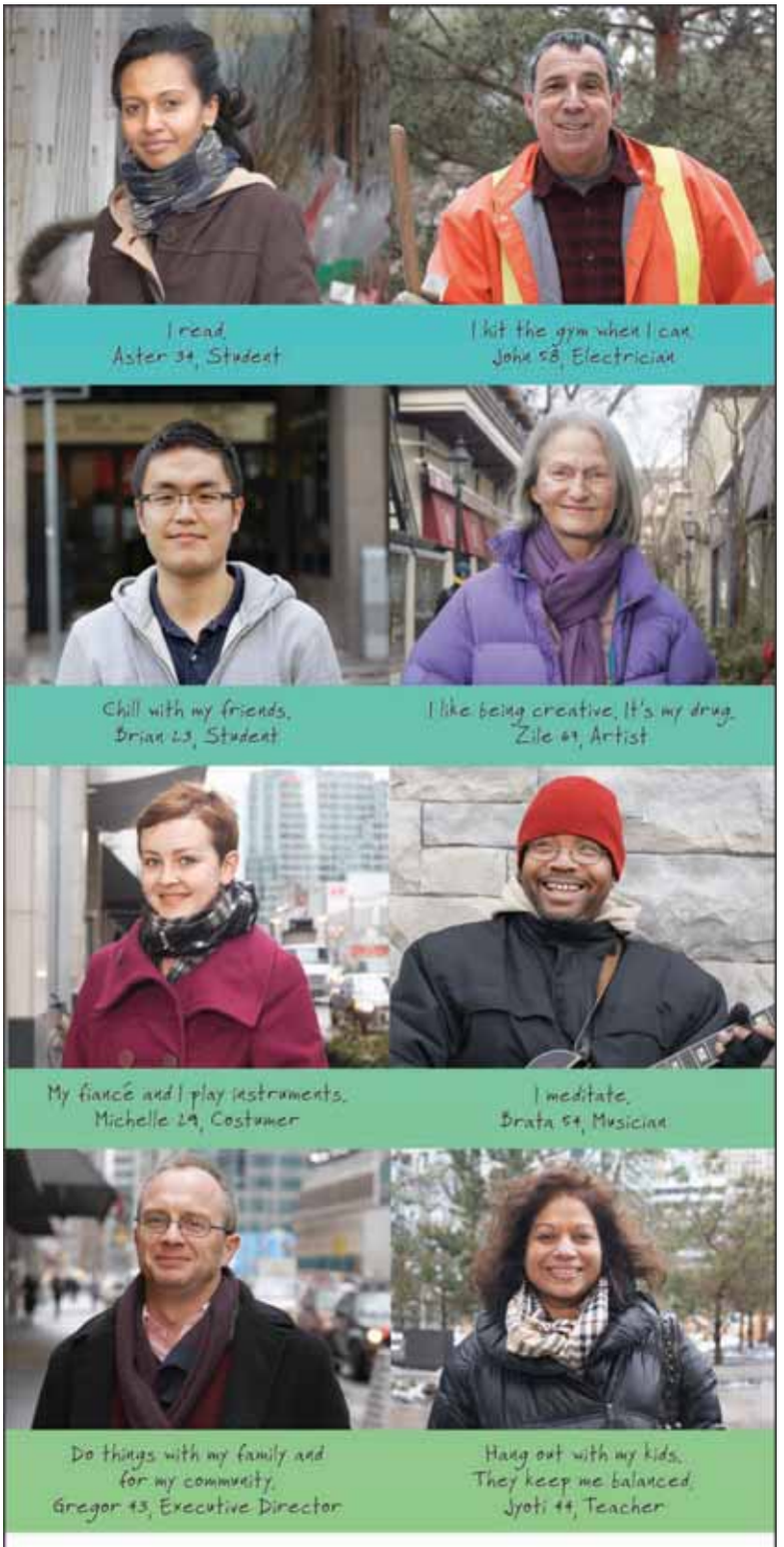
PRAISE ACCOMPLISHMENTS Praising even small successes will encourage your child to try again. On the other hand, being critical will make him or her afraid to try new things.

WHERE TO FIND HELP

Most of us go through life solving our everyday problems without needing professional help to cope. But if overwhelming feelings of anger or despair are affecting your quality of life, help is at hand.

A good place to start is your family doctor, who can refer you to a psychiatrist, psychologist, another therapist such as a social worker or a self-help group, depending on your situation and needs.

For more information about the mental health resources in your area, contact the Canadian Mental Health Association at (613) 745-7750 or visit www.cmha.ca.


I read.
Aster 34, Student
I hit the gym when I can.
John 58, Electrician
Chill with my friends.
Brian 23, Student
I like being creative. It's my drug.
Zile 69, Artist
My fiancé and I play instruments.
Michelle 29, Costumer
I meditate.
Brata 54, Musician
Do things with my family and for my community.
Gregor 43, Executive Director
Hang out with my kids. They keep me balanced.
Jyoti 44, Teacher

What do you do for your mental health?

May 1st to 7th is Mental Health Week. It's a chance to do more for yourself every day. Seven days to talk, reflect, learn, engage and celebrate all facets of mental health. Because good health includes mental health. Mental health for all. Find out more at www.MentalHealthWeek.ca

MENTAL HEALTH WEEK 60 YEARS

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CANADIAN MENTAL HEALTH ASSOCIATION
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What's hot for summer

It's that time of year again when parents are racking their brains figuring out what to do with the kids this summer Always eager to help, camp programmers are coming up with the wild, the wacky and the trendy

ALEX NEWMAN
LIFE@METRONEWS.CA

ISTOCK

There's a lot more to summer camps these days than canoeing.

Are your kids glued to forensic science shows? Let them find out what the specialists actually do on the job. University of Lethbridge (cnf@uleth.ca) and British Columbia's BCIT Centre for Forensic and Security Technology (bcit.ca) both offer summer camps with professional instruction. The programs put kids through their paces examining crime scenes, analyzing the evidence and using DNA technology to solve the crime.

If slack-jawed kids in front of video games isn't your idea of a summer well spent, get them behind the computer instead. At BCI Digital Media Academy, University of British Columbia, kids ages six to 17 learn all about technology — the software used in Hollywood or in video games (digitalmediaacademy.org).

Riding the crest of Glee popularity is the three-session brainchild of Vancouver jazz singer Sara Zacharias. Last summer was the first year and sold out almost immediately. Some kids have "extraordinary" talent, Zacharias says. Others have passion, but all get a solo in the last night's performance.

Ashley MacIsaac's bad boy image has done wonders for the art of fiddling, and this year for the first time in P.E.I. an impressive group of globe-trotting musicians will be teaching kids of all ages and stages how to fiddle Acadian and Celtic style (peifiddlecamp.com).

So you think all teens are self-centred mall rats? Apparently not. Me to We, the social action organization founded by Craig Kielburger, offers social justice themed summer camps that fill fast, according to PR director Angie Gurley. "Kids spend the week figuring out what their passion is in the world, looking at various world and social justice issues like child labour, then get to work on their action plan." On the last day of camp, the teens head into the community to volunteer at their choice and leave camp with an action plan to help them continue (metowe.com).

Trying to up the responsibility quotient along with having fun? Plenty of camps are willing to accommodate. P.E.I. parents who want their kids to learn to cook should check out Kids R Cooking boot camp in Charlottetown. For four days, kids ages seven to 17 don chef whites, receive professional instruction, and "eat what they make," says director Marsha Doiron. Offered through Holland College, the program is $300 (culinarybootcamps.com).

The craze for stuffed critter Pound Puppies has a real life component — kids desperate to volunteer at shelters and vet offices. The 18-year-old age restriction, though, left so many disappointed that Jennifer Ego decided to start Pawsitively Pets camp. Now in Ottawa, Vancouver and Toronto, the camp gives kids five to 16 a chance to work with pets and professional dog trainers (pawsitivelypetskidscamp.com).

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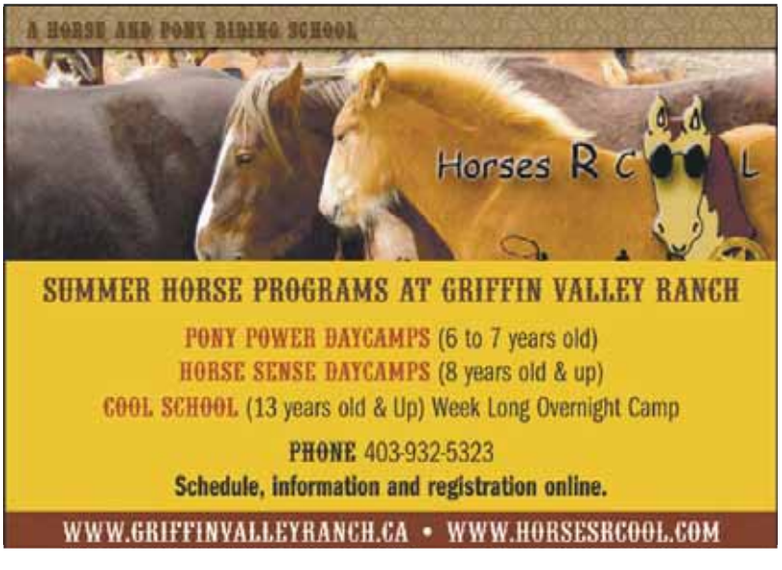
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What makes a good camp counsellor?

Here are some questions to ask yourself to determine if your teen is ready to take care of junior campers

ASTRID VAN DEN BROEK
LIFE@METRONEWS.CA

You've suggested your teen apply for a stock boy position at the grocery store this summer, but he's got something else in mind — counselling at camp. But is it a good fit? How do you know if your teen is ready to lead junior campers around?

Start with your own assessment of your child's personality and skills. "How is your child in a group setting? Because that's a good indicator as to how they'd perform within a camp," says Howie Grossinger, president of the Toronto-based Ontario Camps Association. "Could you see them being responsible? Do they connect well with younger kids?"

Here's how else you can determine whether your child is ready to handle summer camp counselling.

• How old are they? "We recommend that at the day camp, a counsellor should have completed Grade 10," says Grossinger. "And at the overnight experience, completed grade 11. I do feel anything younger than that, they don't have the maturity to take on these types of responsibilities."

• Do they have experience with younger children? "Maybe they've babysat, or I also often hear kids with lots of younger relatives say maybe they're the kind of cousin who can go into a room with the small kids and can entertain them or be responsible for them," says Grossinger.

• Have they grown up in camps? "Overnight and day camp provide different experiences," notes Grossinger. "If you've grown up in the overnight experience, it's a natural extension to become a staff member because you developed the independence to be able to take on the challenges of extensive supervision. I often talk to staff about having the stamina to get through a day taking care of other people's children."

That said, Grossinger adds that a strong interest in counselling might be all your child needs to kick off a counselling career. For instance, he once interviewed a teen who had no camp experience but felt she would do well at counselling. "I can work with anybody who has a desire to work with kids," he says.

"And on the last day of day camp, she delivered her last group of kids to the buses and she was crying her eyes out. And she looked at me and said, 'I never knew they'd have this effect on me.' That's what a powerful experience it was for her."

SUBMITTED

▶ Start with an assessment of your child's personality.

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Oscar the green grouch

Sesame Street's beloved binman always sets a noble example by reusing junk, even past its 'Best Before' date

HEIDI PATALANO
LIFE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

METRO WORLD NEWS

▶ The king of recycling.

You're literally very green.
Yes. It's not easy being green.

330361

How have you made your home, the garbage can, more environmentally friendly?
I like to call it the trash can rather than the garbage. Trash is much more important to my thinking.

Garbage is something you didn't finish eating whereas trash is wonderful things like wheels from a baby buggy or an old hubcap.

What makes recycling fun?
Well, for one thing I have this great love for trash, so it's kinda fun to see what's been thrown in the bin. And I sort through it. I roll in it. I toss it up and dance in it. Like, some of the lighter stuff, it floats down all over my head, so I finally have trash allllll over the booooody.

So what kinds of things to do you reuse?
I like things that are, like half of a sled with no runners – that's good trash. I reuse a lot of stuff. Of course, you have to get new food.

Food is part of the problem with trash, but it's not my greatest interest.

Are you and Slimey the Worm still into composting?
Yes, we are. Lots of stuff isn't great to eat anymore but it's made out of vegetation, so we throw it in with some leaves that have to be swept up anyway. We put it in a thing that's good for composting.

I was reading something interesting the other day: Many of the earthworms we have now were ones that should not have been imported from Europe and they're quite harmful.

They eat the roots of some of your vegetables.

How do you explain the importance of recycling?
It's good for kids to realize that they're all part of the community.

The world is a great big community. I think a lot of kids seem to be very interested and aware that they're part of making the world a better place.

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HANDOUT

▶ Cindy Ashton is a singer, motivational speaker and an inspiration on tour with her new show Red Carpet Dreaming to raise funds for youth and children's charities.

Motivation in song

Cindy Ashton conquered cancer, sets out to motivate

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

She was born with severe health issues and was only given a 20 per cent chance of survival. A series of surgeries saved her life but then she was bullied and beat up in school because she didn't fit in.

Through all of life's turning points Cindy Ashton never allowed herself to wallow in negativity.

She got healthy, rose to the top and conquered.

Ashton left her Toronto home for California and immediately began performing and volunteering at motivational conferences.

Her work was recognized in June 2010 when the Canadian was awarded the President Obama Call to Action Award.

Now she's telling her motivational story in words and song.

Ashton is hitting the road with her Red Carpet Dreaming Tour with the proceeds of her Toronto concert going to the Canadian Centre for Abuse Awareness.

Her message is from the heart. "Overcome your obstacles and become the star you were meant to be. There's a difference between embracing your fears and being a victim. Explore, transform yourself and find your gift.

As Gandhi said, 'Be the change you want to see in the world.'"

Career Milestones

- Debut Album Don't Rain On My Parade
- Musical Suds
- Solo Performer with Downsview Symphony Orchestra
- Author of Kiss Your Monsters Goodbye
- Motivational Speaker/Singer with Barbara De Angelis and Bob Proctor

To flirt or be respected

DREW HINSHAW
LIFE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

ISTOCK

▶ Flirting at work is flirting with disaster.

Are you the office flirt?

If so, career counsellors warn, the only thing you're likely to pick up is a reputation for flakiness.

"It will cost you credit for the work at hand, even if you deserve it and you're working hard," says Courtney Anderson, a human resource lawyer.

Even in the 21st Century, the stakes remain unfairly steep for women, notes Helaine Olen, author of Office Mate.

"We still have a lot of sexist assumptions about flirting in the office," she says.

"If you do it often you're going to be perceived as less serious, that's just a given."

Anderson agrees.

"For women, the gender issues are quite significant."

But gallivanting men, she adds, would be snookering themselves to think they can find their kicks playing cubicle footsy and still win the respect of their co-workers.

"It's the same basic risk for men and women, and for people who are straight, gay, or lesbian," Anderson cautions. "You are either seen as a professional, or you are not.

"You cannot be both," she continues.

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Telus Convention Centre
(136-8 Avenue SE, North Bldg, 2nd Level)

THERE IS NO COST TO ATTEND THIS EVENT. TO RSVP VISIT:
BVCvision2020.ca

Success story: Recalling Toyota's recovery

BOOK REVIEW

CRAIG LUND
LIFE@METRONEWS.CA

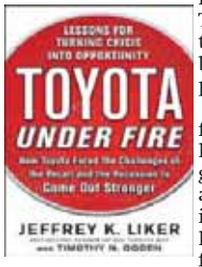
In automotive marketing, there are many things that are in the control of the manufacturer — the design and quality of the vehicle, the experience a shopper has when they enter a dealership, and even that infamous new car scent.

After the transaction takes place and you hand the keys to the customer, you can only hope that all the precautions and standards you've taken in the manufacturing process provide a safe and sound machine.

In the case of Toyota, a single incident in August 2009, which was captured by a terrifying 911 call from a family in California, created one of the greatest crisis Toyota had ever faced — this in addition to the pummeling recession.

Authors Liker and Ogden describe how "over the course of the next six months, Toyota would recall more than 10 million vehicles."

For a company that was built upon pillars of quality and safety, this incident sparked a media witch-hunt with accusations against Toyota "of turning a blind eye to customer safety."



After a $1.5 million, 10-month intensive study of Toyota electronics by the National Highway Transportation Safety Administration, the results were announced this past February by the Secretary of Transport that "there is no electronic-based cause for unintended high-speed acceleration in Toyotas. Period."

Turns out, an outsized floor mat was the culprit, having been incorrectly installed by the dealership.

In their book, Toyota Under Fire, Liker & Ogden have closely examined what Toyota did to get through the crisis — and essentially, it was not much different than what they did before.

"Toyota's approach to leadership and operational excellence was based on a philosophy and culture, now known as The Toyota Way, that extended back to the company's founding."

The dual crisis forced Toyota to look at itself with greater scrutiny, all this resulting in a 2.2 billion dollar profit for their fiscal year ending March 30, 2010.

More company's should learn from Toyota's response, given they didn't try to reinvent themselves which seems to be the common approach. It's a pity though that the media has not paid as much attention to this true success story versus the initial incident that created the whole fiasco.

CRAIG LUND IS THE PRESIDENT OF MARKETING SERVICES FIRM MARKETING TALENT INC.

BUSINESS ADMINISTRATION DIPLOMA

Ravneet is good. She has a knack for keeping everything and everyone in order. But now it's time to get more serious… and get a career. Ravneet knows that if you want to be the best, you train with the best. She did her research and found out that

Ravneet will be MORE than Ready to take on the business World

Bow Valley College, along with offering more than 50 career programs, is a leader in Business Administration education. She also found out that the average salary is $32,500 a year. Ravneet picked up the phone, called a BVC advisor, and found out she can choose from four specializations: accounting, financial services, general, and risk management. She filled out her online application and is now on her way to learning everything she needs to know to thrive in her chosen career. With a BVC Business Administration diploma, Ravneet can choose to transfer credits and go on to complete her degree at the University of Lethbridge, Mount Royal University, MacEwan University or SAIT. She'll be more than ready to take on the world of business and succeed.

LEARN MORE. EARN MORE. DO MORE.

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Only those candidates selected for an interview will be contacted. Resumes/applications will be accepted until the close of business on May 25, 2011. No placement agencies referrals.

ALEX BRANDON/THE ASSOCIATED PRESS

▶ Teddy Purcell, right, celebrates Martin St. Louis' third-period goal.

Lightning take 2-0 series lead

3	2
LIGHTNING	CAPITALS

Vincent Lecavalier scored his second goal of the game 6:19 into overtime last night as the Tampa Bay Lightning beat the top-seeded Washington Capitals 3-2 for a 2-0 lead in the Eastern Conference semifinals.

Fifth-seeded Tampa Bay appeared headed for a much simpler victory, leading 2-1 in the third period, but two-time NHL MVP Alex Ovechkin forced the extra period by scoring with 67 seconds left in regulation.

Dwayne Roloson made 35 saves as the Lightning won their fifth consecutive game — and their fifth in a row on the road.

The series now shifts to Tampa for Game 3 tomorrow.

On the winning goal, the Lightning caught the Capitals in the middle of a line change. Tampa Bay defenceman Randy Jones — playing in his first game this post-season because of an injury to Pavel Kubina — sent a long pass off the boards to Teddy Purcell. He then passed it across the ice to Lecavalier, who flipped the puck over rookie goalie Michal Neuvirth to end the game.

Lecavalier jumped into the glass behind the net before being surrounded by teammates.

Martin St. Louis' goal put Tampa Bay ahead 2-1 about 7 ½ minutes into the third period, before Ovechkin recorded his first point of the series. Brooks Laich scored for Washington in the second.

THE ASSOCIATED PRESS

JEFF CHIU/THE ASSOCIATED PRESS

▶ Sharks centre Logan Couture watches as a shot by teammate Niclas Wallin goes into the net yesterday.

Sharks clip Wings again

San Jose takes 2-0 lead in series against Detroit ◐ Antti Niemi makes 33 saves for the win ◐ Ian White and Niclas Wallin score for Sharks

2	1
SHARKS	RED WINGS

The defencemen are scoring, the high-scoring forwards are working in the defensive zone, and Antti Niemi played the same way he did when he knocked San Jose out of the playoffs a year ago.

That all added up to another win for the Sharks and a 2-0 series lead against the Detroit Red Wings in the Western Conference semifinals.

Ian White and Niclas Wallin scored their first goals of the post-season, Niemi made 33 saves, and the Sharks put together a complete performance to beat the Red Wings 2-1 yesterday. Niemi helped kill off three penalties in the opening half of the first period and came up with countless big saves in the final two periods of perhaps his best playoff game since helping Chicago sweep San Jose in the conference finals a year ago.

"We like him on our side a lot better," forward Dany Heatley said. "He's a steady guy. He makes the saves he should make; he's in position. And he makes a lot of saves he shouldn't make. He changes games for us sometimes."

White scored on a power play in the first period and Wallin extended the lead early in the third period as the Sharks put together two of their best back-to-back games to jump on top of the Red Wings for the second straight year.

THE ASSOCIATED PRESS

Heat take Game 1 over Celtics

Dwyane Wade knew his regular-season numbers against Boston were lacking.

He also knew that wouldn't matter in the playoffs.

And Game 1 of what's already an emotionally charged series went to Wade and the Miami Heat.

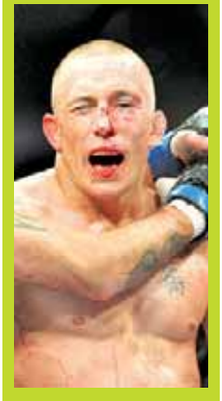
Wade scored 38 points on 14 of 21 shooting, James Jones set a Miami post-season record with 25 points off the bench, and the Heat beat the Celtics 99-90 yesterday to open their Eastern Conference semifinal series.

"You've got to take care of home court," Wade said. "These guys expect this from me. I wasn't giving it to them in the regular season versus them and I wanted to come out today and be a leader."

THE ASSOCIATED PRESS

4 sports

Quoted



"Hey guys just want to say that I am OK. I'll need to see a doctor in the next days! Yesterday I was told it was not a retina problem."

WELTERWEIGHT CHAMPION GEORGES ST-PIERRE VIA TWITTER YESTERDAY. THE MONTREAL NATIVE'S LEFT EYE WAS INJURED EARLY IN HIS TITLE DEFENCE AGAINST JAKE SHIELDS AT UFC 129 IN TORONTO SATURDAY NIGHT. GSP PREVAILED DESPITE ONLY BEING ABLE TO SEE A "BLUR" THROUGH THE INJURED EYE.

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NATIONAL HOCKEY LEAGUE

PLAYOFFS

All times Eastern

CONFERENCE SEMI-FINALS

(Best-of-7 series)

EASTERN CONFERENCE

WASHINGTON VS. TAMPA BAY
(Tampa Bay leads 2-0)
Yesterday's result
Tampa Bay 3 Washington 2 (OT)
Tomorrow's game
Washington at Tampa Bay, TBA
Wednesday's game
Washington at Tampa Bay, 7 p.m.
Saturday, May 7
x-Tampa Bay at Washington, 12:30 p.m.
Monday, May 9
x-Washington at Tampa Bay, TBA
Wednesday, May 11
x-Tampa Bay at Washington, TBA
PHILADELPHIA VS. BOSTON
(Boston leads 1-0)
Saturday's result
Boston 7 Philadelphia 3
Tonight's game
Boston at Philadelphia, 7:30 p.m.
Wednesday's game
Philadelphia at Boston, 7 p.m.
Friday's game
Philadelphia at Boston, 8 p.m.
Sunday, May 8
x-Boston at Philadelphia, 3 p.m.
Tuesday, May 10
x-Philadelphia at Boston, TBA
Thursday, May 12
x-Boston at Philadelphia, TBA

WESTERN CONFERENCE

VANCOUVER VS. NASHVILLE
(Series tied 1-1)
Saturday's result
Nashville 2 Vancouver 1 (2OT)
Tomorrow's game
Vancouver at Nashville, 9 p.m.
Thursday's game
Vancouver at Nashville, 8:30 p.m.
Saturday, May 7
Nashville at Vancouver, 8 p.m.
Monday, May 9
x-Vancouver at Nashville, TBA
Wednesday, May 11
x-Nashville at Vancouver, TBA
SAN JOSE VS. DETROIT
(San Jose leads 2-0)
Yesterday's result
San Jose 2 Detroit 1
Wednesday's game
San Jose at Detroit, 8 p.m.
Friday's game
San Jose at Detroit, 7 p.m.
Sunday, May 8
x-Detroit at San Jose, 8 p.m.
Tuesday, May 10
x-San Jose at Detroit, TBA
Thursday, May 12
x-Detroit at San Jose, TBA
x — if necessary.

SHARKS 2, RED WINGS 1

First Period
1. San Jose, I.White 1 (Heatley, Clowe) 4:54 (pp)
Penalties — Clowe SJ (roughing) 0:59, Abdelkader Det (high-sticking) 3:11, Ferriero SJ (double high-sticking) 6:23, Bertuzzi Det, Vlasic SJ (roughing) 16:08, Zetterberg Det (high-sticking) 17:27.
Second Period — No Scoring.
Penalties — Holmstrom Det (holding) 2:27, Pavelski SJ (interference) 3:29, Bertuzzi Det, Eager SJ (roughing) 6:36, Eager SJ (misconduct) 8:37, Rafalski Det (delay of game) 9:33.
Third Period
2. San Jose, Wallin 1 (Clowe, Couture) 1:39
3. Detroit, Zetterberg 1 (Datsyuk, Holmstrom) 13:58 (pp)
Penalties — Thornton SJ (interference) 2:50, Holmstrom Det (roughing) 3:27, Setoguchi SJ (slashing) 13:22.

Shots

Detroit	12	9	13	—34
San Jose	7	19	11	—37

Goal — Detroit: Howard (L,4-2-0); San Jose: Niemi (W,5-2-0). **Power plays (goals-chances)** — Detroit: 1-6; San Jose: 1-5.
Referees — Kevin Pollock, Kelly Sutherland.
Linesmen — Brad Lazarowich, Jay Sharrers.
Att. — 17,562 (17,562) at San Jose, Calif.

LIGHTNING 3, CAPITALS 2 (OT)

First Period
1. Tampa Bay, Lecavalier 3 (St. Louis, Malone) 19:01 (pp)
Penalties — Knuble Wash (interference) 7:14, Downie TB (holding) 9:04, B.Jones TB (tripping) 12:11, Clark TB (cross-checking) 14:08, Ovechkin Wash (high-sticking) 17:56.
Second Period
2. Washington, Laich 1 (Backstrom, Erskine) 14:52
Penalties — Malone TB (high-sticking) 1:33, Bergeron TB (hooking) 4:17, Green Wash (roughing) 6:02, Bergenheim TB (hooking) 11:00, Schultz Wash (holding) 15:28.
Third Period
3. Tampa Bay, St. Louis 5 (Purcell) 7:35
4. Washington, Ovechkin 4 (Arnott, Laich) 18:52
Penalty — Green Wash (roughing) 8:32.
First Overtime
5. Tampa Bay, Lecavalier 4 (Purcell, R.Jones) 6:19
Penalties — None.

Shots on goal by

Tampa Bay	6	3	11	3	—23
Washington	11	16	5	5	—37

Goal — Tampa Bay: Roloson (W,6-3-0); Washington: Neuvirth (L,4-3-0).
Power plays (goals-chances) — Tampa Bay: 1-5; Washington: 0-6.
Referees — Chris Lee, Tim Peel.
Attendance — 18,398 (18,398).

HOCKEY

IIHF

MEN'S WORLD CHAMPIONSHIP

Yesterday's results
At Bratislava
Russia 6 Slovenia 4
Germany 4 Slovakia 3
At Kosice
Canada 9 France 1
Switzerland 4 Belarus 1
Saturday's results
At Bratislava
Finland 5 Denmark 1
Czech Republic 4 Latvia 2
At Kosice
U.S. 5 Austria 1
Norway 5 Sweden 4 (SO)
Today's games
All times Eastern
At Bratislava
Czech Republic vs. Denmark, 10:15 a.m.
Latvia vs. Finland, 2:15 p.m.
At Kosice
U.S. vs. Norway, 10;15 a.m.
Sweden vs. Austria, 2:15 p.m.

FIGURE SKATING

WORLD CHAMPIONSHIPS

At Moscow
Saturday
Women's Free Skating
1. Miki Ando, Japan, 130.21 points.
2. Kim Yu-na, South Korea, 128.59.
3. Carolina Kostner, Italy, 124.93.
12. Cynthia Phaneuf, Canada, 100.16.
18. Amelie Lacoste, Canada, 92.78.
Overall Standings
1. Miki Ando, Japan, 195.79 points.
2. Kim Yu-na, South Korea, 194.50.
3. Carolina Kostner, Italy, 184.68.
13. Cynthia Phaneuf, Canada, 152.78.
16. Amelie Lacoste, Canada, 144.76.
Ice Dance — Free Dance
1. Meryl Davis and Charlie White, United States, 111.51 points.
2. Tessa Virtue & Scott Moir, Canada, 107.50.
3. Maia Shibutani & Alex Shibutani, US, 96.91.
4. Kaitlyn Weaver & Andrew Poje, Cda., 95.25.
8. Vanessa Crone & Paul Poirier, Canada, 90.12.
Overall Standings
1. Meryl Davis & Charlie White, US, 185.27.
2. Tessa Virtue & Scott Moir, Canada, 181.79.
3. Maia Shibutani & Alex Shibutani, US, 163.79.
5. Kaitlyn Weaver & Andrew Poje, Cda., 160.32.
10. Vanessa Crone & Paul Poirier, Cda., 151.13.

TENNIS

ATP-WTA

ESTORIL OPEN

At Oeiras, Portugal
Men's Singles — Final
Juan Martin del Potro (8), Argentina, def. Fernando Verdasco (2), Spain, 6-2, 6-2.
Men's Singles — Quarter-finals
Fernando Verdasco (2), Spain, def. Kevin Anderson (7), South Africa, 6-7 (2), 6-2, 6-3.
Milos Raonic (5), Canada, def. Gilles Simon (4), France, 7-6 (4), 4-6, 6-3.
Men's Singles — Semi-finals
Juan Martin del Potro (8), Argentina, def. Pablo Cuevas, Uruguay, 6-2, 7-6 (6).
Fernando Verdasco (2), Spain, def. **Milos Raonic (5), Canada,** 6-4, 0-0, retired.
Women's Final
Anabel Medina Garrigues, Spain, def. Kristina Barrois, Germany, 6-1, 6-2.

ATP

BMW OPEN

At Munich
Singles — Final
Nikolay Davydenko (7), Russia, def. Florian Mayer (5), Germany, 6-3, 3-6, 6-1.
Doubles — Semi-finals
Andreas Beck and Christopher Kas, Germany, def. James Cerretani, U.S., and **Adil Shamasdin, Pickering, Ont.,** 6-4, 6-3.

SERBIA OPEN

At Belgrade, Serbia
Singles — Final
Novak Djokovic (1), Serbia, def. Feliciano Lopez, Spain, 7-6 (4), 6-2.

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	16	9	.640	—
Tampa Bay	15	13	.536	2½
Baltimore	13	13	.500	3½
Toronto	13	15	.464	4½
Boston	12	15	.444	5

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	19	8	.704	—
Kansas City	15	13	.536	4½
Detroit	12	16	.429	7½
Chicago	10	19	.345	10
Minnesota	9	18	.333	10

WEST DIVISION

	W	L	Pct	GB
Los Angeles	16	12	.571	—
Texas	16	12	.571	—
Oakland	14	14	.500	2
Seattle	13	16	.448	3½

Yesterday's results
N.Y. Yankees 5 Toronto 2
Baltimore 6 Chicago White Sox 4
L.A. Angels 6 Tampa Bay 5
Oakland 7 Texas 2
Cleveland 5 Detroit 4
Kansas City 10 Minnesota 3
Boston 3 Seattle 2
Saturday's results
N.Y. Yankees 5 Toronto 4
Seattle 2 Boston 0
Baltimore 6 Chicago White Sox 2
Tampa Bay 2 L.A. Angels 1 (10 innings)
Texas 11 Oakland 2
Cleveland 3 Detroit 2 (13 innings)
Kansas City 11 Minnesota 2
Today's games
All times Eastern
Texas (Holland 3-1) at Oakland (McCarthy 1-2), 3:35 p.m.
N.Y. Yankees (Colon 2-1) at Detroit (Verlander 2-3), 7:05 p.m.
L.A. Angels (Weaver 6-0) at Boston (C.Buchholz 1-3), 7:10 p.m.
Baltimore (Guthrie 1-3) at Chicago White Sox (Buehrle 1-3), 8:10 p.m.

LACROSSE

NLL PLAYOFFS

All times Eastern

DIVISIONAL SEMI-FINALS

EAST DIVISION
Yesterday's result
Toronto 10 Rochester 8
Saturday's result
Buffalo 11 Boston 10
WEST DIVISION
Saturday's results
Calgary 10 Colorado 6
Washington 14 Minnesota 8

DIVISIONAL FINALS

Saturday, May 7
EAST DIVISION
Toronto at Buffalo, 7:30 p.m.
WEST DIVISION
Washington at Calgary, 9:30 p.m.

CHAMPIONSHIP

Champions Cup
East vs. West champions, TBA

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	18	8	.692	—
Florida	17	9	.654	1
Atlanta	14	15	.483	5½
Washington	13	14	.481	5½
New York	11	16	.407	7½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	16	12	.571	—
Cincinnati	14	14	.500	2
Milwaukee	13	14	.481	2½
Pittsburgh	13	15	.464	3
Chicago	12	15	.444	3½
Houston	11	17	.393	5

WEST DIVISION

	W	L	Pct	GB
Colorado	17	9	.654	—
Los Angeles	14	15	.483	4½
San Francisco	13	14	.481	4½
Arizona	12	15	.444	5½
San Diego	11	17	.393	7

Yesterday's results
San Diego 7 L.A. Dodgers 0
Washington 5 San Francisco 2
Atlanta 6 St. Louis 5
Houston 5 Milwaukee 0
Pittsburgh 8 Colorado 4
Arizona 4 Chicago Cubs 3
Florida 9 Cincinnati 5
N.Y. Mets at Philadelphia
Saturday's results
Philadelphia 2 N.Y. Mets 1
St. Louis 3 Atlanta 2
San Francisco 2 Washington 1
Houston 2 Milwaukee 1
Cincinnati 4 Florida 3 (10 innings)
Chicago Cubs 5 Arizona 3
Colorado 4 Pittsburgh 1
San Diego 5 L.A. Dodgers 2
Tonight's games
All times Eastern
San Francisco (Bumgarner 0-4) at Washington (Gorzelanny 0-2), 7:05 p.m.
Houston (Happ 1-4) at Cincinnati (Leake 3-0), 7:10 p.m.
Milwaukee (Gallardo 2-1) at Atlanta (Jurrjens 2-0), 7:10 p.m.
Florida (Volstad 2-1) at St. Louis (Lohse 4-1), 8:15 p.m.
Pittsburgh (Ja.McDonald 1-2) at San Diego (Harang 4-1), 10:05 p.m.
Chicago Cubs (J.Russell 1-3) at L.A. Dodgers (Kershaw 2-3), 10:10 p.m.

SOCCER

ENGLAND

PREMIER LEAGUE
Arsenal 1 Manchester United 0
Birmingham 1 Wolverhampton 1
Liverpool 3 Newcastle 0
Manchester City 2 West Ham 1

SCOTLAND

PREMIER LEAGUE
Celtic 4 Dundee United 1

FRANCE

LIGUE 1
Marseille 1 Auxerre 1
Montpellier 0 Brest 0
Nice 0 Caen 4
Toulouse 2 Lyon 0
Saint-Etienne 1 Monaco 1

NBA

PLAYOFFS

All times Eastern

SECOND ROUND

(Best-of-7 series)
EASTERN CONFERENCE
Chicago (1) vs. Atlanta (5)
Tonight's game
Atlanta at Chicago, 8 p.m.
Miami (2) vs. Boston (3)
(Miami leads 1-0)
Yesterday's result
Miami 99 Boston 90
Tomorrow's game
Boston at Miami, 7 p.m.
WESTERN CONFERENCE
L.A. Lakers (2) vs. Dallas (3)
Tonight's game
Dallas at L.A. Lakers, 10:30 p.m.
Oklahoma City (4) vs. Memphis (8)
(Memphis leads 1-0)
Yesterday's result
Memphis 114 Oklahoma City 101
Tomorrow's game
Memphis at Oklahoma City, 9:30 p.m.

GOLF

PGA

ZURICH CLASSIC

At Avondale, La.
(Par 72)
Final Round
(x-won on second playoff hole)

x-Bubba Watson (500), $1,152,000	66-68-70-69—273
Webb Simpson (300), $691,200	68-69-67-69—273
Jason Dufner (145), $332,800	68-69-72-66—275
Tommy Gainey (145), $332,800	67-71-68-69—275
K.J. Choi (145), $332,800	68-71-67-69—275
Matt Jones (95), $222,400	66-71-69-70—276
George McNeill (95), $222,400	71-70-65-70—276
Billy Mayfair (75), $172,800	69-70-72-67—278
David Mathis (75), $172,800	70-68-72-68—278
Andres Romero (75), $172,800	72-71-67-68—278
Luke Donald (75), $172,800	68-71-70-69—278
Greg Chalmers (75), $172,800	72-69-67-70—278
David Hearn (23), $17,741	**71-68-70-76—285**

LPGA

AVNET CLASSIC

At Mobile, Ala.
(Par 72)
Final Round

Maria Hjorth, $195,000	70-74-67-67—278
Song-Hee Kim, $118,921	67-72-70-71—280
Na Yeon Choi, $76,502	69-72-71-69—281
Suzann Pettersen, $76,502	72-68-71-70—281
Stacy Lewis, $53,715	68-71-74-69—282
Katherine Hull, $37,655	72-71-71-69—283
Hee Kyung Seo, $37,655	73-74-65-71—283
Amy Yang, $37,655	70-68-72-73—283
Stephanie Sharp, $16,972	**71-74-71-70—286**
Alena Sharp, $11,553	**72-69-76-71—288**
Lorie Kane, $11,553	**72-73-71-72—288**
Samantha Richdale, $2,734	**74-73-72-77—296**

NATIONWIDE TOUR

SOUTH GEORGIA CLASSIC

At Valdosta, Ga.
(Par 72)
Third Round

Ted Potter, Jr.	70-69-65—204
Jon Mills	**69-66-69—204**
Jonas Blixt	71-69-66—206
Mathew Goggin	66-73-67—206
Charles Warren	71-69-67—207

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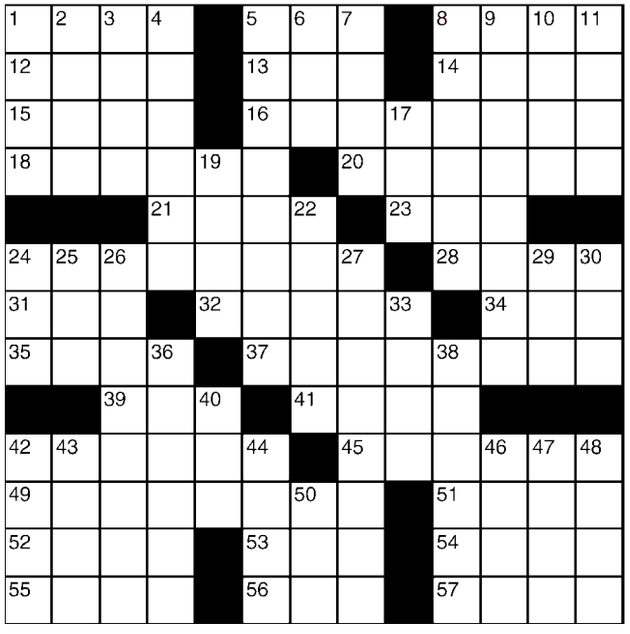
Crossword



Across

1 Trudge
5 Serenade the moon
8 No-no for a vegan
12 Wash
13 One's years
14 Wheel bar
15 Satanic
16 "Location" for one in disfavor
18 Meanie
20 Wine glass
21 Three- — sloth
23 Mr. Sajak
24 Bent over, as a page corner
28 Cook in the oven
31 "CSI" evidence
32 Reservation home
34 "To be or — ..."
35 Examination
37 Doctrinaire
39 Trail behind
41 Donkey's pin-on
42 Expressed a feeling
45 Perfect place
49 Comical poetry
51 Quest
52 Reverberate
53 Every last bit
54 Saxophone range
55 Drunkards
56 "See ya"
57 Feed the hogs

Down

1 Commoner
2 Volcanic outflow
3 Roman love poet
4 Strike from the text
5 Harassed
6 Past
7 Safecracker
8 Tropical tree
9 Showing great joy
10 Otherwise
11 Yard components
17 Leap
19 Capricorn
22 Train station
24 Banned pesticide
25 Individual
26 Old lamp illuminant
27 French president throughout the '60s
29 Japanese pond carp
30 And so forth (Abbr.)
33 Send forth
36 Ballroom dances
38 Hawaiian welcomes
40 "Golly!"
42 Praiseful verses
43 Somewhat, in music
44 Colourless
46 Yank
47 Division word
48 On
50 TV Tarzan portrayer

▶ Yesterday's answer

A	B	S		A	F	A	R		T	R	A	P		
I	R	A		T	U	N	A		E	A	C	H		
D	A	Y	D	R	E	A	M		S	H	E	D		
A	S	S	A	I	L		A	F	T					
			N	U	S		D	A	Y	S	P	A		
H	A	R	E	M		T	A	X		A	R	C		
I	R	E	S		T	E	N		B	R	I	M		
E	E	L		F	O	X		P	R	I	M	E		
D	A	Y	G	L	O		A	H	A					
			O	U	R		B	A	S	S	O	S		
V	E	T	O		D	A	Y	S	H	I	F	T		
A	G	E	S		E	N	S	E		A	M	O		
N	O	D	E		R	O	S	S		M	E	W		

Sudoku

				5		3	8	2
2	8		9	1			7	
						4		
			2					6
7	4		1		5		3	9
6					3			
		1						
	3			4	1		6	7
8	5	6		9				

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Willy, Hiya Little Kitty! Cotton sends his love! He's a precious kitty too, just like you! W+T, Be Good, and 2012 is going to be your favoritest year ever! XXOOXX TPCA From **TANKIE POO**

Office Boy, You've probably seen me checking you out ALL THE TIME when you pass by our coffee kiosk... just want to let you know that you make my heart flutter every single time. Ohh~ and you look HOT in that suit. Only wishing that we could at least have a lil conversation when you walk by?? Even if it's just simply a "good morning" or "how's work?" From **BARISTA GIRL**

To My son, Happy Third Birthday Son. You Are My Everything And I Dont Kno Were I Would Be With Out You. So I thank God Everyday For Give You To Me. You are Mera Jaanu. oxoxo Lot's of love **MOMMY!!!**

A look at the weather

Andrew Schultz, Meteorologist
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

TODAY	TUESDAY	WEDNESDAY
Min -18°	Min 3°	Min 2°
Max -3°	Max 10°	Max 12°

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 A creative project is now at a crossroads.

♉ Taurus April 21-May 21 Your workload will increase dramatically over the next few days.

♊ Gemini May 22-June 21 If you allow a feud to linger on much longer the results could be disastrous.

♋ Cancer June 22-July 22 If you force yourself to do something when your heart isn't in it it's unlikely you will make a very good job of it.

♌ Leo July 23-Aug.23 If you push yourself hard today chances are it will pay off in a big way..

♍ Virgo Aug. 24- Sept. 22 Summon up your reserves of courage and make the most of your not inconsiderable talents.

♎ Libra Sept. 23-Oct. 23 Everyone else sees you as a genuine star but for some strange reason you don't see it yourself.

♏ Scorpio Oct. 24-Nov. 22 You know you've got what it takes, so don't let others get you down.

♐ Sagittarius Nov. 23-Dec. 21 You have taken a dislike to someone you work with, but are your feelings rational?

♑ Capricorn Dec. 22-Jan. 20 The only sure way to make a fortune is to work for it.

♒ Aquarius Jan. 21-Feb. 18 It takes all sorts of people to make an interesting world

♓ Pisces Feb. 19-March 20. Think before you speak and only speak if what you have to say is emotionally uplifting.

SALLY BROMPTON

Caption contest

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WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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2 to choose from

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$13,995

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